

Charity Writer Social Examiner

North junior high students become superheroes to fight hunger.

Many Treasure Valley families seek assistance from non-profit and community service organizations, especially during the holiday season. Recently, the students at [North Junior High](#) in Boise, Idaho, dusted off their superhero capes to rescue those in need in their community.

The students combined an eight-day food drive with a superhero spirit week, during which they could dress like superheroes. They also held a food donation contest – rivaling students in each grade against the other two grades. The friendly competition resulted in 3,300 food items collected for the [Idaho Foodbank](#).

“I think that these people needed our help and we knew it, so we helped,” said one student.

The events were sponsored by the student council and the cheerleaders, who wanted to show that anyone can be a superhero by helping others. The competition was strong throughout the week, and the students’ passion for their cause was infectious. The eighth-grade students rallied to come out on top and will receive a free movie field trip generously donated by the Overland Cinemas.

“The North Junior High food drive brought 565 pounds of much-needed food. These young people care about where they live and are willing to make a commitment to improving the lives of others in their community,” said Terry Graves, Food Resources Manager for the Idaho Foodbank.

Community service is a great way for teenagers to become aware of needs outside themselves. It can give teens the personal satisfaction of knowing they have made a difference in someone's life. “They [the North students] ‘get it’ and because they do, we hope that we will work with them as volunteers for The Idaho Foodbank when they are adults,” said Graves.

The school is also collecting cash donations for North’s Holiday Giving Fund, which will help provide holiday gifts for fellow students who may be facing a tight Christmas this year. [Click here](#) for more information on the fund.